

Winter 2014

Warm Greetings,

In your 2015 career journey, let your passions and interests be the job search compass.

I hope that Patrick Lemmon's story will inspire you to focus and persist towards career choices that make a difference. Patrick was a client of mine who is passionate about preventing violence. Patrick is a feminist and cares deeply for a variety of social justice issues. He led a successful violence prevention organization, Men Can Stop Rape, for 12 years in Washington DC before moving to Oregon in 2009.



Four years later, his plan to get paid consulting work still had not come to fruition. So he came to me for Career Counseling. Patrick was not able to focus on a clear career direction after relocating. *"I felt stuck after moving to Oregon. I had drifted back into violence prevention, mostly working as a volunteer, but I wasn't clear about how I was going to re-shape my career."* He selected my [Seven Session Career Transition Package](#) because he wanted to explore all possible career directions.

I helped him identify his top 5 interests, skills, and values including defining his changing financial goals. I asked questions to explore which social issues were most important to him. I watched Patrick's body language and voice tones change as he shared. He was most animated and purpose driven when discussing men's violence.

By the fourth session, he recommitted to focus on policy, implementation, and evaluation of programs to reduce men's violence. *"Vicki was incredible. She helped me realize that my passion remained in violence prevention, and that I would regret leaving that focus. She helped me frame what I wanted to do, and make a concrete plan to achieve it."*

We kept Patrick's options open for both self employment as a consultant and applying for posted positions. I helped him shape his LinkedIn profile and resume to promote both. As a result of our work together, Patrick is now a Violence Prevention Health Educator at the Public Health Division of the Oregon Health Authority.

Patrick's Takeaway

Change doesn't mean change everything. Passion can be lived in a variety of ways.

Ask yourself:

How has my passion changing over my career and life?

How do I want to shape it going forward?

Best to you in your search,

[Vicki Lind, M.S.](#)

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Schedule a session at vlind.com. Openings for new clients begin February 13th. If you are a current or past client, use [this special link](#).